**District D-3**

**Cross Country Information**

Thursday, October 12, 2024

@ Ainsworth Municipal Golf Course

“7 miles West of Ainsworth on Highway 20”

\*Parking is available along the driveway leading to the course and in an adjacent pasture. The area directly around the clubhouse is designated for team, media, Ads, and meet official parking only.

* 3:00 HS **BOYS** Varsity
* 3:45 (approx.) HS **GIRLS** Varsity

NG dismiss at 10:00. Everyone will leave the school at 10:15 to meet in Albion. We will have a school sack lunch to stop and eat along the way.

Top 15 Varsity finishers will receive medals and advance to the State meet. Only top 2 teams receive plaques while top 3 teams will all advance to the state meet.

TEAMS: Ainsworth, Boyd County, Burwell, Creighton, Central Valley, CWC, EPPJ, Elkhorn Valley, Neligh-Oakdale, Niobrara/Verdigre, North Central, Plainview, Riverside, Sandhills/Thedford, Santee, NG/SE, Stuart, Summerland, Twin Loup, West Holt

NOTE:

* The restrooms available will be Porta potties
* Please stay off of the greens and tee boxes
* Adults $4.00 Students $3.00 no passes are accepted
* **Please stay out of any marked off areas such as areas roped/flagged off**
* **The finish area is considered a roped/flagged area and is for workers, coaches, and athletes finishing a race only**
* **Entry to roped/flagged areas can always be grounds for disqualification of athletes**
* The clubhouse will have limited concession items based on availability as they sell out for the end of the season.

If you have any questions after school hours, feel free to call me.

My cell phone # is (402) 322-0075 Coach Melissa McIntosh

(402) 992-8438 Coach Tim Rossow